#### Children Should:

- Tell somebody they trust and speak out.
- Support each other and offer a listening ear.
- Report any bullying they see.
- Treat others how they would like to be treated.
- Remember school advice abut bullies when in the community.
- Respect adults dealing with bullying.

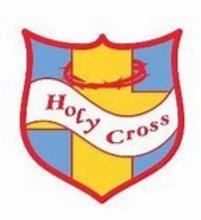


### What Happens Next?

- An adult will speak to the child / children being bullied.
  - The child/ children who are responsible for bullying will be spoken to by an adult.
- The child/children bullying will be helped to make the right choices.
- The child / children being bullied will have a trusted adult who will monitor how things are going.
- All parents / carers will be informed and the actions taken / consequences outlined clearly to all.



# Holy Cross Catholic Primary School



Anti-Bullying
Charter For
Pupils

At Holy Cross Catholic Primary
School, we do not tolerate
bullying; we will stand up for
our right to be safe in our
school environment. We are a
value based school and our 6
core values are: love, hope,
forgiveness, resilience, unity
and respect. These values
underpin our commitment to
ensuring bullying does not go
undetected or unchallenged.

#### What Is Bullying?

When a person is repeatedly hurting you; physically or emotionally.

#### Different Types Of Bullying:

Physical

#### Cyber

Bullying you online using different devices such as mobile phones, computers and apps.

Emotional -Hurting your feelings, leaving you out of games, making you feel bad about yourself and spreading rumours

Verbal -Making nasty comments and calling you horrible names

### Bullying Can Make You Feel ...

Ashamed, Lonely, Hurt, Scared, Worried, Sad, Angry, Weak, Ill, Upset, Frustrated, Miserable, Like You Don't Belong, Frightened, Nervous, Withdrawn, Anxious and Petrified

## Who Can I Talk To If I Am Being Bullied?

Mum, Dad or Carer (s)
Another Family Member
Teacher/TA
Mrs Higgins (Head)
Mrs Brás (DHT)
Mr Hall (AHT)
Lunchtime Staff
Friend

